

Crossing Africa as an elephant

Instructions:

Explain that elephants sometimes have to go on long journeys to find food and water

- the playing area becomes Africa and the elephants must cross it in one direction
- all the young people stand on one side of the playing area and an adult will call out instructions and they will move appropriately (see below)
- play again, returning home, once the area is crossed

How to move

*Savannah – move slowly
grazing*

Hot Sand – tip toe quickly

Mud – roll

Watering Hole – stand still

Stampede – run



Suggested duration: from 10 minutes to 15 minutes

Resource

The Scout Association

Programmes Online www.scouts.org.uk/pol